

International training course

YOUR PASSION YOUR FUTURE

Powering youth workers to act

20TH - 26TH OF AUGUST 2023

JÄRVAMAA(ESTONIA)



ABOUT THE PROJECT

The aim of the long-term project "Your Passion-Your Future" project is to make young people aware of the **benefits of exploring passions in the context of development of key competencies and future success.**

The aim of educators is to empower youngsters to develop their passions and help them to transport these interests into their adult life.

We can achieve this by working on their competencies and soft skills, raising their awareness and building proactive attitudes, **training leaders and youth workers how to recognize, support and develop the young people's key competencies through their passions**, promoting non-formal education and developing passions as key elements in the comprehensive development of young people.

The training sets the following objectives:

- To equip youth workers and educators with the competences and tools they need to work with young people towards increasing their passions, proactive lifestyle and softskills based in relevant youth interests.
- To create an atmosphere conducive to cultural and professional exchange among project participants for development of professional competences. During the training you will have the chance to exchange your experiences, receive information resulting from the recommendations of the young people, as well as working methods and analysis on the competences of the future.
- At the end of the training, we expect the participants to leave with the following competences:
 - knowledge of what key soft skills we have and how they affect the zone of professional and personal development of young people
 - attitudes through which they will be promoters of an approach to developing passions for the future in an attractive way using interesting working methods and taking into account the expectations of the young person.

[LINK TO APPLICATION FORM](#)



PARTICIPANT PROFILE

The training course is designed for **youth workers/teachers** who are interested in raising their level of competences as providers of possibilities for youth to express themselves and develop their interests and hobbies, as well as **active youth workers with limited experience with training courses** but who would like to get involved.

Participants should be interested in raising their level of competences as **helpers and motivators of young people**, being ready to share their own experiences, being motivated to experiment, contribute to the physical outcomes and transfer gained knowledge in the organization.

Participants need to be **official residents** of one of the partner countries, be **over 18 years of age** and have at least an **intermediate level of English**. Participants are expected to **participate fully** in the program and **commit to the dissemination activities**.

“YOUR PASSION - YOUR FUTURE TRAINING COURSE” WILL INVOLVE 15 PARTICIPANTS FROM 3 COUNTRIES (ESTONIA, POLAND, ITALY).

Number of participants per country: 5 members/youth workers

TRAINING PROGRAM

During six working days*, the program will be intense and it will include **3 practical sessions of 90 minutes and a last session of 60 minutes per day** with designated time for reflection (a visual schedule will be sent to selected participants shortly after selection).

The training program will include space for participants to share experiences and good practices regarding the development of the interests of young people. It will also include preparation and implementation of non-formal education sessions and practical exercises on effective communication, group dynamics and youth involvement in the organizational life.

**20th and 26th of August are arrival and departure days.*

VENUE

The project will be organized in **Valgehobusemäe suusa- ja puhkekeskus**, in Mägede küla, Järva maakond, located 65 km away from Tallinn.

Accommodation will be provided in **four-bed rooms** in **mixed country groups of the same gender**. During the training course, breakfast, lunch, dinner and snack breaks will be provided with **local traditional homemade food** cooked on the spot.

The sessions will take place in a conference room and in outdoor working spaces if the weather allows. The weather in August will already be fresh and for sure rainy, with temperatures ranging from **5-15°C**, so you are advised to take a **raincoat** and **warm clothes** with you. We will try to go to sauna and swimming, so **TAKE swimming suits and towels with you**, and don't forget to take your own toiletries as well as any medication you might need during the week.

There will be **WI-FI** in the venue, but we cannot guarantee it will be working 100% at all time since we will be a big group.

For the benefit of the activity and in order to guarantee your full involvement in the experience, we ask selected participants NOT TO PLAN online meetings/appointments during the training week.



TRAVEL

A bus will take us from Tallinn to the Venue. The bus will take us from **Shokkin Group** office at **Raua 23** in Tallinn city center. We will be there from the morning, you can come any time and wait the bus with us. Please, arrive to the **Raua 23** no later than **20.08.2023 17:00** because the bus will not wait for you and you will have to go to the venue on your own and using your own money.

How to arrive to Raua 23?

You can travel from Airport (lennujaam) or Bus station (bussijaam) by **tram** number **4** or **2**. You need to go to the stop called "**Keskturg**" and then walk for 10 minutes until you arrive to the Raua 23.

Tallinn is a small city and everything is very close, so it is okay to use any other way, but we recommend you to use a tram as fastest and easiest way. When you will arrive to Raua 23, please let us know, so we will tell you what will be the next steps.

To Tallinn you can arrive in **2 ways**: the more direct and comfortable might be a flight to Tallinn Airport (we only have one airport so you definitely won't miss it). And the second one is cheaper and more diverse - flight to Riga and then take a bus to Tallinn. There are 3 companies that operate the route Tallinn-Riga:

[LUXEXPRESS](#) - [FLIXBUS](#) - [ECOLINES](#)



KEEP IN MIND THAT NOT ALL OF THEM DEPART FROM RIGA AIRPORT AND YOU MAY NEED TO GET TO THE BUS STOP BY PUBLIC TRANSPORT!

Relevant information about Tallinn public transportation is available [HERE](#). Please note that bus tickets can be purchased online.

REIMBURSEMENT

We expect selected participants to organize their travel according to Erasmus+ and [SGI rules \(click to read more\)](#).

When arranging tickets, bear in mind that there is a fixed maximum amount reimbursable for your **individual** trip costs. **Travel costs exceeding the maximum reimbursable amount will not be covered.** Travel budgets according to each countries can be found below:

SELECTED PARTICIPANTS ARE ASKED TO CONFIRM THEIR TRAVEL ROUTES WITH THE PROJECT COORDINATOR BEFORE PURCHASING THE TICKETS. FAILURE TO DO SO MAY RESULT IN SOME TICKETS BEING NOT REIMBURSABLE.

POLAND

ITALY

275 EUR

ESTONIA

NO REIMBURSEMENT

REIMBURSEMENT PROCEDURE:

Reimbursements will be made **by bank transfer to the organization or appointed responsible participant** after all necessary **travel documentation AND proof of dissemination activities** are sent to the hosts (we will make the transfer within 14 days from the moment we have everything needed from a country group).

In case of doubt, you should reach out to your sending coordinator or the main coordinator of the project via annarharova@shokkin.org

PRACTICALITIES I



INSURANCE

It is highly recommended to have a **valid medical insurance** (i.e. European Health Insurance Card) during your travel. The host organization will not cover any personal health costs. If you need help with this, please contact your sending organization.



ARRIVAL/DEPARTURE

Participants are required to arrive to **Raua 23, Tallinn before 18:00h on 20th of August**. The local bus will drop us back at the meeting point on **26th of August after 11:00**, so we expect everyone to book tickets according to the given times.



EXTRA DAYS

At your own expense you can stay in the region **up to 2 days before OR after the training** course. If you exceed this amount of days, you might not be subject to travel reimbursement.



CULTURAL EVENING

We would like to invite country teams to bring **snacks from their town/region/country to share with the rest of the group** during our Intercultural Talks evening. We won't have a possibility to cook, so bring snacks that are easy to handle and won't go bad during the trip (a fridge will be available).



MEDIA MATERIAL

Pictures and videos taken at the course as well as visual materials produced by the participants during the activities will be used to document the activity and promote the project in reports, partner websites, social media accounts and in further promotional materials.

PRACTICALITIES II



PARTICIPATION

Failure to participate in **the content sessions** or **inappropriate behavior** might result in reimbursement not being given to the participants with a notice provided to the sending organization or exemption of the participant from the course.



DISSEMINATION

All country groups are expected to lead a **dissemination workshop in their organization/community within 2 months after the training course** and provide us with footage and a short description of the event.

Dissemination event proof will be a **necessary requirement in order to complete the reimbursement process.**



WHAT TO BRING NOT TO BE DISAPPOINTED

Materials, meals adapted to expressed needs, some games and beautiful nature will be provided.

However, **if you have additional extra requirements (espresso coffee, hairdryer, earplugs, guitar) please make sure you bring them with you to the training.**

THE TEAM BEHIND



ANNA ARHAROVA

Back in 2018, Anja joined a youth exchange of Shokkin Group and decided to join the organization the same year. Since then, she has been in the team of coordinators for Critical Escape, Shokkin Kamp, Gamechangers, Critical Thinkers and more. Currently, besides working on projects, Anja helps young members to develop their project ideas and bring them to life.



GEORGI LUGOVSKOI

Having been a Scout Troop Leader for 13 years, Gosha joined Shokkin Group as participant for Gamechangers in 2019, and was afterwards part of the teams behind Nature Hike youth exchange and Critical Escape, as well as smaller member weekends and board game evenings. In Shokkin Group, he is in charge of internal communication as event coordinator for Shokkin members and he is also passionate about any project connected with outdoor activities.

LIST OF PARTNERS



MŁODZIEŻOWY DOM KULTURY NR 2 | POLAND

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L'ORMA | ITALY

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SHOKKIN GROUP | ESTONIA

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[LINK TO APPLICATION FORM](#)

